

## It's Friday

100 count, 2 wall, intermediate line dance

**Choreographie:** Tim Gauci

**Musik:** Friday by Glee Cast

**Sequence:** A, B, A, B, A, A (32 beats), B, B

### Part A

**Cross, Side, Heel, Tog, Cross, Side, Heel, Tog Rocking Chair, Step, Pivot ½, Step 6.00**

- 1+2+ Step R over L, step L to L (&), touch R heel at R45, step R tog (&),  
3 + 4 step L over R, step R to R (&), touch L heel at L45, step L tog (&)  
5+6+ Step R fwd, rock weight back onto L (&), step R back, rock weight fwd onto L (&),  
7 + 8 step R fwd, pivot ½ L (&), step R fwd

**Fwd Mambo, Back Mambo, Step, Tog, Side Shuffle 6.00**

- 1 + 2, Step L fwd, rock weight back onto R (&), step L back,  
3 + 4 step R back, rock weight fwd onto L (&), step R fwd  
5, 6, Step L to L, step R next to L,  
7 + 8 shuffle to L side (LRL) – use hips!

**Travelling Back – Sailor Step, Sailor Step Sweep Back, Sweep Back, Coaster Step 6.00**

- 1 + 2, Travelling back slightly – step R behind L, step L to L (&), step R to R, step L behind R,  
3 + 4 step R to R (&), step L to L  
5, 6, Sweep R back, sweep L back,  
7 + 8 step R back, step L tog (&), step R fwd

**Step, Lock, Step, Paddle ¼, Cross, ¼, ½, Shuffle Fwd 12.00**

- 1+2, Step L fwd, lock R behind L (&), step L fwd,  
3,4 step R fwd, paddle ¼ L  
5 + 6, Step R over L, making ¼ turn R stepping L back (&), making ½ turn R step fwd R,  
7 + 8 shuffle fwd LRL

**Kick, Tog, Point, Tog, Point, Tog ¼ Flick Step, Lock, Step, Paddle ¼ 12.00**

- 1&2& Kick R foot fwd, step R tog (&), point L toe to L, step L tog (&),  
3, 4 point R toe to R, making ¼ turn R step R tog flicking L foot up and to the back  
5 + 6, Step L fwd, lock R behind (&), step L fwd,  
7, 8 step R fwd, paddle ¼ L

**Cross Shuffle, ¼, ½, Paddle ¼, Cross Shuffle 12.00**

- 1 + 2, Cross shuffle R over L (RLR),  
3,4 making ¼ turn R step L back, making ½ turn R step R fwd  
5, 6, Step L fwd, paddle turn ¼ R,  
7 + 8 cross shuffle L over R (LRL)

# STEPSHEET TANZBESCHREIBUNG

## Hips RLRL 12.00

1-4 Push hips RLRL

### Part B

## Fwd Coaster, Back Coaster, Fwd, Rock, ½, ¼ Shuffle 9.00

1 + 2, Step R fwd, step L tog (&), step R back,  
3 + 4 step L back, step R tog (&), step L fwd  
5 + 6, Step R fwd, rock weight onto L (&), making ½ turn R step R fwd,  
7 + 8 making ¼ turn R shuffle L to L side (LRL)

## Sailor Step, Sailor Step, Paddle Turn X2 3.00

1 + 2, Step R behind L, step L to L (&), step R to R,  
3 + 4 step L behind R, step R to R (&), step L fwd  
5-8 Step R fwd, paddle turn ¼ L, step R fwd, paddle turn ¼ L

## Fwd Coaster, Back Coaster, Fwd, Rock, ½, ¼ Shuffle 12.00

1 + 2, Step R fwd, step L tog (&), step R back,  
3 + 4 step L back, step R tog (&), step L fwd  
5 + 6, Step R fwd, rock weight onto L (&), making ½ turn R step R fwd,  
7 + 8 making ¼ turn R shuffle L to L side (LRL)

## Sailor Step, Sailor Step, Paddle Turn X2 6.00

1 + 2, Step R behind L, step L to L (&), step R to R,  
3 + 4 step L behind R, step R to R (&), step L fwd  
5 - 8 Step R fwd, paddle turn ¼ L, step R fwd, paddle turn ¼ L

## Cross, Side, Behind, Side, Cross, Point Cross, Side, Behind, Side, Cross, Point 6.00

1+ 2+ Step R over L, step L to L (&), step R behind, step L to L (&),  
3, 4 step R over L, point L toe to L side  
5+ 6+ Step L over R, step R to R (&), step L behind R, step R to R (&),  
7, 8 step L over R, point R toe to R side

## Cross, Back, Side, Fwd, Step Pivot ½ X2 6.00

1 - 4 Step R over L, step L back, step R to R, step L fwd  
5 - 8 Step R fwd, pivot ½ L, step R fwd, pivot ½ L 48 Beats for Part B

**Finish dance at the front stomping R foot to R.**

Quelle:copperknob.co.uk