

Back Door Bop

48 count / 4-wall Intermediate

Choreographie: Rick & Stella Wilden

Musik: Perfect Love by Ninon
Chasing Your Dreams by Back Door
Be My Lover by La Bouche

TOE HEEL, TRIPLE STEP

- 1 Touch right toe in to left instep
- 2 Touch right heel in left foot
- 3 + 4 Triple in place right, left, right

TOE, HEEL, TRIPLE STEP

- 5 Touch left toe in to right instep
- 6 Touch left heel in right foot
- 7 + 8 Triple in place left, right, left

FORWARD RIGHT, LEFT, RIGHT, KICK LEFT

- 9 Step right forward
- 10 Step left forward
- 11 Step right forward
- 12 Kick left forward

STEP BACK LEFT, RIGHT, COASTER STEP

- 13 Step left back
- 14 Step right back
- 15 Step left back
- + Step right together
- 16 Step left forward

GRAPEVINE RIGHT & BRUSH, GRAPEVINE LEFT, TURN, BRUSH

- 17 Step right to side
- 18 Cross left behind right
- 19 Step right to side
- 20 Brush left forward
- 21 Step left to side
- 22 Cross right behind left
- 23 Turn $\frac{1}{4}$ left and step left forward
- 24 Brush right forward

HIP BUMPS RIGHT, LEFT

- 25 - 26 Step forward slightly with right & BUMP HIPS RIGHT TWICE
- 27 - 28 Bump hips back & left twice

STEPSHEET

TANZBESCHREIBUNG

HEEL TOGETHER, HEEL HITCH TURN, TWICE

- 29 Touch right heel forward
- 30 Step right together, change weight
- 31 Touch left heel forward
- 32 Hitch left knee & pivot ¼ turn right
- 33 Touch left heel forward
- 34 Step left beside right change weight
- 35 Touch right heel forward
- 36 Hitch right knee & turn ¼ turn right

STEP SLIDES TOUCH X RIGHT, X LEFT

- 37 Step diagonally forward right
- 38 Lock left behind right
- 39 Step diagonally forward right
- 40 Touch left together
- 41 Step diagonally forward left
- 42 Slide right behind left
- 43 Step diagonally forward left
- 44 Touch right together

SYNCOPIATIONS

- + Step right small step side right
- 45 Step left small step left
- + Step right center
- 46 Step left center
- + Step right small step side right
- 47 Step left small step left
- + Step right center
- 48 Step left center

REPEAT

Quelle : kickit.to